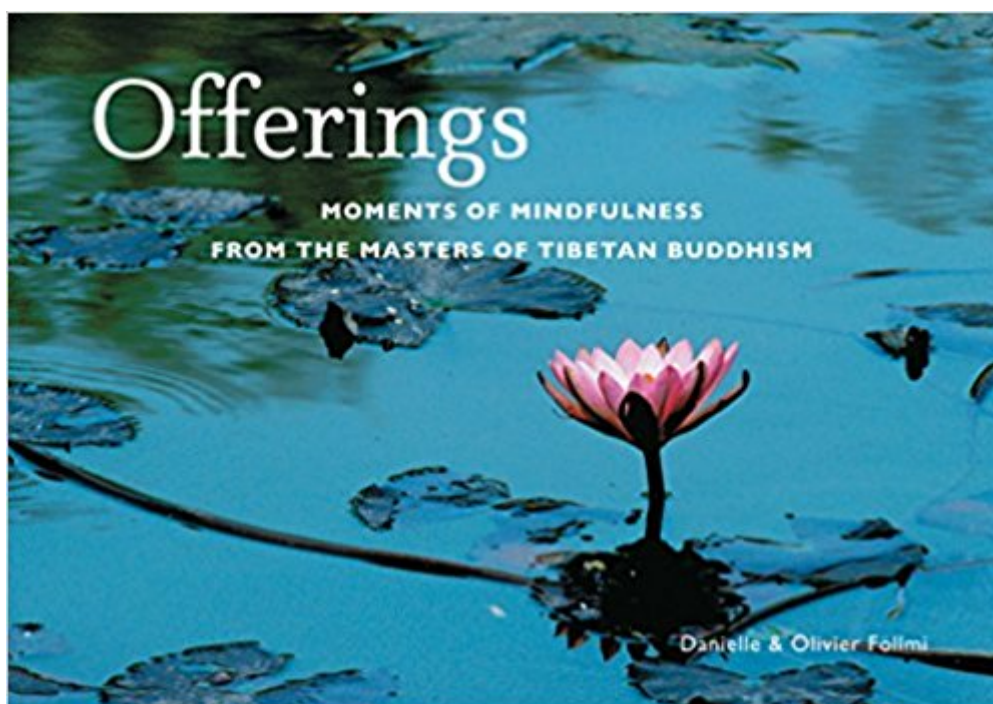


The book was found

Offerings: Moments Of Mindfulness From The Masters Of Tibetan Buddhism (Mini)



Synopsis

Offerings is a deeply thoughtful collection of wisdom and knowledge from Tibetan Buddhism. Based on the original title, published in 2003, this new edition showcases the best of the acclaimed book in a charming smaller format. Including stunning imagery, the book pairs each of its photographs with a choice Buddhist quote. The masters of Tibetan Buddhism—including His Holiness the Dalai Lama, Kalu Rinpoche, Chogyam Trungpa, Shabkar Tsogdruk Rangdrol, Jack Kornfield, and Arnaud Desjardins—convey their understanding of existence, presenting a vision of life that celebrates humanity and encourages continual self-improvement.

Book Information

Hardcover: 288 pages

Publisher: Harry N. Abrams; Min edition (April 5, 2016)

Language: English

ISBN-10: 1419719734

ISBN-13: 978-1419719738

Product Dimensions: 6.5 x 0.9 x 4.6 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #269,813 in Books (See Top 100 in Books) #12 in Books > Travel > Asia > Tibet #317 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #401 in Books > Arts & Photography > Photography & Video > Travel

Customer Reviews

Once the official photographer of the Dalai Lama, Olivier Flores is a World Press Photo Award-winning photographer whose work has been exhibited worldwide. Danielle Flores is a writer and medical doctor who has practiced on three continents. The couple has authored more than 20 books, including Offerings and Wisdom.

This book is awesome! I use the different quotes in the beginning my substance abuse groups and clients love it.

What a great gift to a wonderful friend.

[Download to continue reading...](#)

Offerings: Moments of Mindfulness from the Masters of Tibetan Buddhism (Mini) Buddhism: Beginner's Guide to Understanding The Essence of True Enlightenment (Buddhism, Buddhism Beginners, Buddhist Books, Buddhism Books, Zen Buddhism Book 1) Buddhism: Beginner's Guide to Understanding & Practicing Buddhism to Become Stress and Anxiety Free (Buddhism, Mindfulness, Meditation, Buddhism For Beginners) Translating Buddhism from Tibetan: An Introduction to the Tibetan Literary Language and the Translation of Buddhist Texts from Tibetan Buddhism: Beginner's Guide to Understanding & Practicing Buddhism to Become Stress and Anxiety Free (Buddhism For Beginners, Buddha, Zen Buddhism, Meditation for Beginners) BUDDHISM: Buddhism For Beginners: How To Go From Beginner To Monk And Master Your Mind (Buddhism For Beginners, Zen Meditation, Mindfulness, Chakras) Mindfulness: Mindfulness for Beginners: How to Live in The Present, Stress and Anxiety Free (FREE Bonus Gift Included) (Mindfulness, Meditation, Buddhism, Zen) Lonely Planet Tibetan Phrasebook (Tibetan Phrasebook, 2nd ed) (English and Tibetan Edition) Zen Buddhism: How Zen Buddhism Can Create A Life of Peace, Happiness and Inspiration (Zen Buddhism for Beginners, Zen, Zen Books) Buddhism: Buddhism for Beginners: The Complete Introduction to Buddhism: Meditation Techniques, Acceptance, & Spiritual Practice (Buddhist, Meditation, ... Zen, Inner Peace, Dalai Lama Book 1) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) Tibetan Mantra Magick: Tap Into The Power Of Tibetan Mantras MINI FARMING MADE EASY FOR BEGINNERS (bonus with Home-Mushroom Guide): DIY Guide To Grow Your Own Organic Foods and Plants (Mini farming, Homesteading, ... Gardening, Mini Farming For Beginners) Tibetan Buddhism: A Very Short Introduction (Very Short Introductions) Humble before the Void: A Western Astronomer, His Journey East, and a Remarkable Encounter between Western Science and Tibetan Buddhism The Way to Freedom: Core Teachings of Tibetan Buddhism The World of Tibetan Buddhism: An Overview of Its Philosophy and Practice The Nyingma School of Tibetan Buddhism: Its Fundamentals and History Words of My Perfect Teacher: A Complete Translation of a Classic Introduction to Tibetan Buddhism (Sacred Literature) Dharamsala: A Travel Guide to Tibetan Culture, Buddhism, Monasteries, Meditation and Yoga in the Indian Himalaya

[Contact Us](#)

[DMCA](#)

[Privacy](#)

